

## Adidas Elite Training Mat



Rating: Not Rated Yet

**Price:**

Variant price modifier:

Price with discount: RM 281.90

RM 281.90

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### Description

The primary role of a fitness mat is to enhance comfort and performance during floor based exercises - the adidas Elite Training Mat does just that. 8mm thick, the mat makes for a comfortable workout, effectively cushioning your feet, hands and knees on contact.

The roll up design of the mat means that you can store it in the smallest space and easily fit it in your gym bag.

The iconic three stripes can be used as a guide for developing good posture and positioning on the mat throughout all moves and stretches. 173cm in length, the training mat is long enough for full body stretching and thick enough for ground based strength and power moves.

- Black Elite Training Mat featuring iconic adidas 3 white stripes
- Comfortable 8mm thick padding
- Easy to clean material
- Flat size: 173 x 61 x 0.8cm
- Roll up design for easy storage