

NORDICTRACK E7.5Z ELLIPTICAL



Get a low impact, total body workout at home with the new E 7.5 Z elliptical

What 's New : NORDICTRACK E7.5Z ELLIPTICAL

Rating: Not Rated Yet

Price:

Variant price modifier:

RM 5500

Price with discount: RM 4,690.00

RM 4,690.00

RM 5,500.00

RM -810.00

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Description

The compact elliptical comes with powerful features - 5 adjustable ramp incline to work different muscles, 20 preset workout programs and 20 digital resistance for advance workout routine. Your workout can also be more energetic and exciting by plugging your favourite music into the built in audio 2-2" speaker or watching your favourite program from your tablet attached to the holder.

20 PRESET WORKOUTS APPS

Burn maximum calories and increase fitness performance with built in workout apps. User can choose their workout routine from the 20 preset workouts apps by adjusting resistance control to get the best workout results.



1 INTEGRATED TABLET HOLDER

*Tablet not included

2 5" HIGH CONTRAST MULTI-COLOR DISPLAY

3 20 DIGITAL ONE TOUCH™ RESISTANCE CONTROL

SMR™ Silent Magnetic Resistance with digital Quick Resistance 1 – 20

4 EKG™ GRIPS PULSE

Stay in the right heart rate training zone for your fitness goals with the grip pulse built right into the handlebars. The integrated EKG pulse grip sends an accurate reading to the console.

5 IPOD COMPATIBLE AUDIO

(2-2" speakers)

6 UPPER BODY WORKOUT ARMS WITH SOFT-TOUCH GRIPS

Burn more calories using the upper-body workout arms featuring soft touch, multiple position grips that are easy to hold and keep you comfortable throughout your workout.

OTHER SPECIFICATIONS:

Flywheel
6.8KG (15 LB) Inertia – Enhanced Flywheel

Pedals & Levelers
Oversized pedal & leveler

Other Features
Water Bottle Holder,
Front Mounted Transport Wheels

Product Dimension (L x W x H)
177 x 99.7 x 199.4 cm
(70" x 39.25" x 78.5")

Maximum User Weight
136 KG (300 LB)



0 - 20° ADJUSTABLE RAMP INCLINE, 5 POSITIONS

Tone and target quads, calves and glutes when you modify your ramp incline between 0 and 20 degrees. Simple controls change the shape and length of your stride to ramp up your training efforts for better results.



IFIT® BLUETOOTH® SMART ENABLED

Connect your tablet to your elliptical to maximize your workout experience with customized training programs, automatic stats tracking, Google Maps™ routes, a new workout every day, and much more!
(Requires an iFit® membership, which is sold separately.)

SPECIFICATIONS

Console

Resistance

Workouts Programs

Stride Length

Inertia-Enhanced Flywheel

Heart Rate Monitor

iFit® Technology

Compatible Music Port

Pedals

5" High Contrast Multi Color Display

20 Digital Resistance Levels

20 Preset Workouts

0-20" Adjustable Stride Length

6.8 kg/15lbs

EKG Grip Pulse

iFit® BlueTooth Smart (BLE) Enabled

(*Requires iFit subscription, sold separately)

iPod® Compatible (iPod not included)

Oversized Pedals

SPECIFICATIONS

Transport Wheels	Front-mounted
Product Dimension (L x W x H)	177cm x 99.7cm x 199.4cm (70" x 39.25" x 78.5")
Maximum User Weight	300lbs / 136kgs
Added Features	Integrated Tablet Holder