

Nordictrack E70 Z Elliptical



Advance Your Workout with E70 Z Front Drive Elliptical

Rating: Not Rated Yet

Price:

Variant price modifier:

RM 5580

Price with discount: RM 4,662.00

RM 4,662.00

RM 5,580.00

RM -918.00

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Description

You can stay motivated while you take on a low-impact workout that adjusts to meet your fitness goals. Adjust the incline ramp to target specific muscle groups or change your resistance at the touch of a button for more intensity. Bring your favorite music and movie files to your workout with the E 70 Z elliptical integrated tablet holder, USB charging station and sound system.

***Warranty only applies in US.**

EXCLUSIVE FEATURES & BENEFITS



20 PRESET WORKOUTS APPS

Get the training you want with built-in workouts designed by a Certified Personal Trainer to help you reach your fitness goals. Choose from 10 calorie and 10 performance workout apps.



0-20° ADJUSTABLE RAMP INCLINE

Tone and target quads, calves and glutes when you modify your ramp incline between 0 and 20 degrees. Simple controls change the shape and length of your stride to ramp up your training efforts for better results.



EKG™ GRIPS PULSE

Stay in the right heart rate zone for your fitness goals. An integrated EKG pulse grip sends an accurate reading to the console.



UPPER-BODY WORKOUT ARMS WITH SOFT-TOUCH GRIPS

Burn more calories with upper-body workout arms. Featuring soft touch, multiple position grips that accommodate any height, these workout arms are easy to hold and keep you comfortable throughout your workout.



20 DIGITAL ONE TOUCH™ RESISTANCE CONTROL

Quick, responsive, OneTouch™ controls adjust your incline and resistance to vary workout intensity. With SMR™ Silent Magnetic Resistance, every adjustment is quiet, smooth and natural.



iFit® COMPATIBLE

If you're ready to lose weight, do it with iFit® Technology! Workouts Powered by Google Maps™ recreate routes anywhere in the world, automatically adjusting the resistance of the E70 Z elliptical to match the intensity of the terrain. (*Requires an iFit module and subscription, sold separately)

SPECIFICATIONS

Console	5" Backlit Display
Resistance	20 Digital Resistance Levels
Workouts Programs	20 Preset Workouts
Stride Length	20" Adjustable Stride Length
Inertia-Enhanced Flywheel	6.8 kg/15lbs
Heart Rate Monitor	EKG Grip Pulse
iFit® Technology	iFit® Technology Compatible (*Requires an iFit module and subscription, sold separately)
Compatible Music Port	iPod ® Compatible (iPod not included)
Pedals	Oversized Pedals
Transport Wheels	Front-mounted
Product Dimension (L x W x H)	168cm x 64cm x 170cm / 66" x 25" x 67"
Maximum User Weight	300lbs / 136kgs
Added Features	Integrated Tablet Holder, USB Charging Station, Water Bottle Holder

Downloads

[NTA-EL105A](#)