

## NordicTrack R6 Recumbent Bike



Low impact Cardio Workout with the R6 Recumbent Bike

Rating: Not Rated Yet

**Price:**

Variant price modifier:

RM 5350

Price with discount: RM 4,650.00

RM 4,650.00

RM 5,350.00

RM -700.00

[Ask a question about this product](#)

## Description

The NordicTrack R6 recumbent bike offers a back-supporting chair-like seat and iFit compatibility for motivating, interactive workouts. A powerful self-adjusting fan cools you while the EasyGlide seat adjusts quickly to your ideal exercise position.

## EXCLUSIVE FEATURES & BENEFITS



### STEP THRU™ DESIGN

Innovative design eliminates the traditional bike base so it's easy to get on and off the recumbent bike. Get started on your workout quickly and easily.



### 32 WORKOUT APPS

Get the training you want with built-in workouts designed by a certified personal trainer to help you reach your fitness goals. Choose from calorie, intensity and performance training programs.

# Recumbent Bike : NordicTrack R6 Recumbent Bike

---



## BACKREST SUPPORT AND EASY GLIDE SEAT ADJUSTMENT

Exercise in comfort with the chair-like design of our recumbent cycles. The oversized, cushioned seat is built with lumbar support and is also ventilated so you can stay cool, relaxed and focused during your workout. Plus, the EasyGlide seat adjusts quickly to your ideal exercise position.



## CARDIOGRIP(TM) PULSE MEASUREMENT

Get a quick, accurate heart rate reading with sensors built into both handlebars. This recumbent bike also comes with a Bluetooth Smart wireless receiver, which uses BLE technology to send a continuous reading to the display so you stay in the right training zone to help you reach your goals. (BLE Chest strap is not included)



## CONTROLLED COOLING

Enjoy a blast of cooling comfort from the fan that automatically adjusts its speed to match your workout speed. Located on the console, close to your body, this fan blows other workout fans away with cooling power you can feel.



## IFIT TECHNOLOGY COMPATIBLE

A revolutionary interactive training program, iFit technology helps you get much more out of each workout. Track your progress, replicate real-life runs with Google Maps™, train with Jillian Michaels, and custom-tailor your workouts to your specific goals. (\*iFit Live module and subscription sold separately.)

## SPECIFICATIONS

Flywheel	9kg Inertia-Enhanced Flywheel
Resistance	25 Digital Resistance levels with OneTouch(TM) Controls, SMR(TM) Silent Magnetic Resistance
Display	5' Backlit Screen Display

## Recumbent Bike : NordicTrack R6 Recumbent Bike

---

### SPECIFICATIONS

Programs	32 Workout Apps
Step Thru™ Design	Yes
iFit Compatible	Yes (*iFit Live module and subscription sold separately)
Heart Rate Monitor	Built-in CardioGrip (TM) Sensors at both handlebars
Bluetooth Smart Wireless Receiver	Yes ( *BLE Chest Strap is not included)
Sound System	Built-in Speakers, iPod and MP3 Compatible (iPod & MP3 not included)
Pedals	Extra-wide Ergonomic Pedals with Adjustable Strap
Transport Wheels	Yes. Front Mounted
Maximum User Weight	135kg/298lbs
Product Dimension (LxWxH)	52 x 24.21 x 58.9" ( 132 x 61.5 x 150 cm )
Product Weight	146lbs/ 66kg
Other Features	Adjustable console Angle, Easy Glide Seat Adjust , Water Bottle Holder

### Downloads

[NTA-RB103](#)