

## Nordictrack VR21 Recumbent Bike



Keep your focus on your training. The VR21 Commercial recumbent bike offers a ventilated lumbar-supported seat. Place your tablet on the console and enjoy the scenery of your custom iFit® workout or watch your favourite shows as you power through your workout.

Rating: Not Rated Yet

**Price:**

Variant price modifier:

RM 5350

Price with discount: RM 4,198.10

RM 4,198.10

RM 5,350.00

RM -1,151.90

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## Description

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## EXCLUSIVE FEATURES & BENEFITS



### 32 PRESET WORKOUT APPS

Choose your training program with 32 preset workout apps designed by certified personal trainers.



### STEPTHRU™ DESIGN

Slip onto your bike with StepThru™ design, which eliminates the traditional bike base and makes it easy to get on and off the bike.



### INTEGRATED TABLET HOLDER

Watch the passing scenery of your iFit workout on your tablet, which conveniently sits on your console with the integrated tablet holder. You can also use it to catch up on your favourite shows or movies. Display can be adjusted to the most comfortable viewing angle. \*Tablet not included.



### 20 LB. HEAVY FLYWHEEL

Engineered to give you a smooth workout, the 20 lb. effective flywheel provides a more natural ride.



### SUPERIOR SUPPORT AND EASY GLIDE SEAT ADJUSTMENT

Reduce stress on your back with the ventilated lumbar-supported seat that seamlessly glides to where you need it.



## 25 DIGITAL RESISTANCE LEVELS

Increase your workout intensity with 25 resistance levels, which can be easily adjusted with controls located next to the seat or by using the OneTouch® Controls on the console.

## SPECIFICATIONS

Flywheel	9kg/20lbs
Resistance	25 Resistance Levels
Display	5" Backlit iFit Display
Programs	32 Workout Apps
Step Thru™ Design	Yes
iFit Compatible	iFit® Bluetooth Smart Enabled (Requires an iFit® membership, sold separately.)
Heart Rate Monitor	EKG Grip Pulse (Optional Bluetooth Smart Chest Strap)
Sound System	Two 2-inch speakers
Pedals	Extra-Wide Ergonomic Pedals
Transport Wheels	Yes. Front Mounted
Maximum User Weight	125kg/275.5lbs
Product Dimension (LxWxH)	59"x 22.25"x 52" / 149.8cm x 56.51cm x 132.08cm
Other Features	Autobreeze™ Workout Fan, Water Bottle Holder, Integrated Tablet Holder

## Downloads

[Nordictrack VR21 Recumbent Bike](#)