

PROFORM CARDIOHIIT TRAINER



Rating: Not Rated Yet

Price:

Variant price modifier:

RM 7490

Price with discount: RM 6,594.35

RM 6,594.35

RM 7,490.00

RM -895.65

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Description

HIIT* Your Fitness Goals in Much Less Time and Less Space. Work your body head-to-toe as you say goodbye to calories, and hello to a totally

new you. The compact size Proform CARDIOHIIT Trainer allows you to activate your calves, hamstrings, quads, glutes, biceps, and triceps—all in a single movement. It combines a smooth 10-inch vertical elliptical path with powerful upper-body movements, getting your body sweating and burning calories throughout your workout and beyond. (*HIGH INTENSITY INTERVAL TRAINING)

EXCLUSIVE FEATURES & BENEFITS



32 PRESET WORKOUT APPS

When you step on the pedals of the Hiit Trainer, you get instant access to professional training programs fully loaded and ready to go. Now you can enjoy a challenging workout focused on your goals. Just press "Start" and you're off.



Dual EKG Grip Pulse

Maximize your workout with the ultimate tool: heart rate training. A built-in, dual grip monitor keeps you in your target zone. They will ensure you are in the right training zone for your goals.



10" Vertical Elliptical Path

Put your joints at ease while giving your legs a challenging workout. Unlike other stepper machines, the HIIT Trainer is designed with a 10-inch vertical and a 5-inch horizontal elliptical path that makes each step feel natural and comfortable. It's a combination of both elliptical-stepper with upper body arm training as well.



24 Digital Resistance Levels

With 24 digital resistance levels, the HIIT Trainer allows you to start out easy and progress to intense. Each level is smooth, frictionless, and silent with our patented SMR™ Silent Magnetic Resistance.



IFIT® Bluetooth Smart (BLE) Enabled

You can even work your body head-to-toe with the IFIT® High-intensity Interval Workouts that were specially designed just for the CARDIOHIIT Trainer. When you purchase an IFIT® membership, you are able to access to the best in fitness technology. Top features include Google MAP™ workouts that take you anywhere in the world. (**Requires iFit® membership which is sold separately)



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Multi-Function handlebars

Our workout arms take your fitness from the straightforward lower-body workout of the treadmill to the total-body elliptical experience. By adding resistance and movement to the upper-body, you challenge your arms, shoulders, back, and core with each step.

SPECIFICATIONS

Resistance Level	24 Digital Resistance levels, SMR™ Silent Magnetic Resistance
Display	7" Backlit LCD(Intensity,Speed,Time,Distance,Calories and Pulse)
Flywheel	28lbs/12.7kg Effective Inertia Enhanced Flywheel
Programs	32 Workout Apps(8 Calorie,8 intensity,8 speed,8 incline)
Heart Rate Monitor	EKG™ Grip Pulse
Sound System	Built-in speakers,iPod and MP3 Compatible.
iFit Technology	Bluetooth Smart (BLE) Enable (Requires iFit membership which is sold separately)
Bluetooth Smart(BLE) Receiver	Yes (*Chest Strap is not included)
Pedals	Oversized, Cushioned Pedals
Transport Wheels	Yes. Front Mounted
Fan	Coolaire Workout Fan
Maximum User Weight	125kg/276lbs
Product Weight	66.7" x 29.25" x 52" (170 x 74.2 x 132 cm)
Added Features	85Kg/187lbs Integrated Tablet holder, Oversized levellers, Water Bottle Holder(*iPod/Mp3/Tablet not included)

Downloads

[Proform CardioHiit Trainer](#)